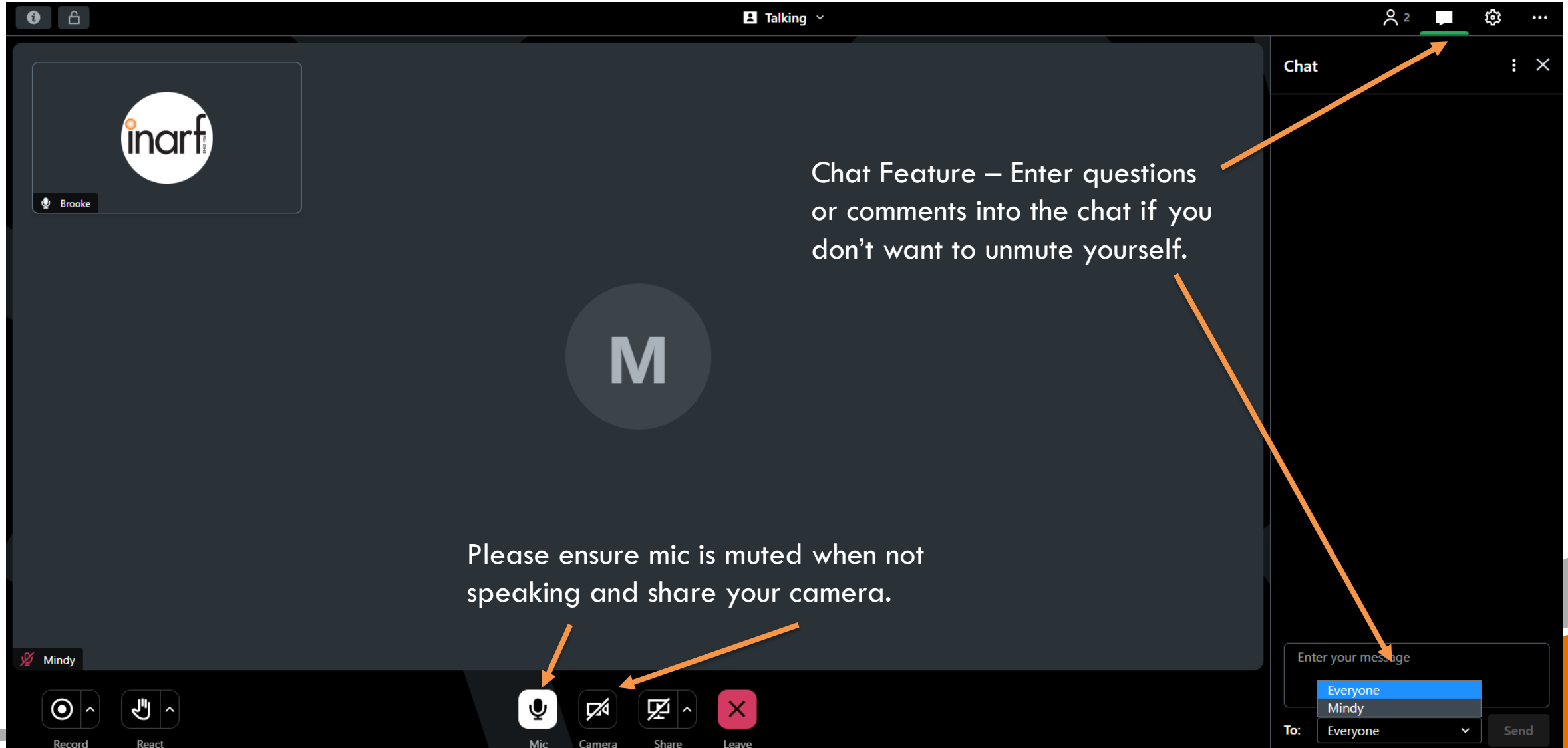




# **Child & Family Services Professional Interest Section Meeting**

August 18, 2022



The screenshot shows a Zoom meeting window. In the top left corner, there is a small video thumbnail of a person with the 'inarf' logo and the name 'Brooke'. The main area of the window is dark grey with a large white letter 'M' in the center. On the right side, there is a 'Chat' panel with a header 'Chat' and a close button. Below the header, there is a text input field 'Enter your message' and a dropdown menu for 'To:' with options 'Everyone' and 'Mindy'. A 'Send' button is at the bottom right of the chat panel. At the bottom of the Zoom window, there is a toolbar with icons for 'Record', 'React', 'Mic', 'Camera', 'Share', and 'Leave'. Annotations with orange arrows point to specific features: one arrow points to the 'Mic' icon in the toolbar, another points to the 'Camera' icon, a third points to the 'Chat' panel header, and a fourth points to the 'Enter your message' text input field. Text overlays provide instructions: 'Chat Feature – Enter questions or comments into the chat if you don't want to unmute yourself.' and 'Please ensure mic is muted when not speaking and share your camera.'

Chat Feature – Enter questions or comments into the chat if you don't want to unmute yourself.

Please ensure mic is muted when not speaking and share your camera.

Record React Mic Camera Share Leave

Enter your message

Everyone  
Mindy

To: Everyone Send

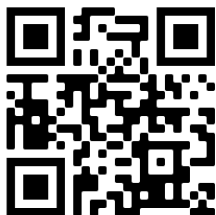
- Welcome
- Upcoming Events
- Family Guided Routines Based Intervention (FGRBI)
- Section Discussion

## Professional Interest Section Meetings / Professional Development:

- October 20 - Community Supports (10 AM-Noon) / Employment Supports (12:30-2:30 PM)
- November 10 - Financial Management (10 AM-Noon) / Human Resources (12:30-2:30 PM)
- November 17 - Child & Family Services (10 AM-Noon)

## Upcoming Member Forum and Board of Directors Meetings:

- August 26, 2022 - PAC Legislative Reception / Member Forum / Board of Directors Meeting
- September 23, 2022 - Board of Directors Meeting / No Member Forum
- October 28, 2022 - Member Forum / Board of Directors Meeting



Registration opens 3 weeks in advance. To register for open events, scan the QR code or go to <https://web.inarf.org/events>



Register today by scanning the QR code or visit  
[www.inarf.org/2022\\_annual\\_conference.html](http://www.inarf.org/2022_annual_conference.html)

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# Family Guided Routines Based Intervention

*Katherine Hargreaves, Research Associate, Early Childhood Center, Indiana Institute on Disability and Community*



# What is Family Guided Routines Based Intervention (FGRBI)?

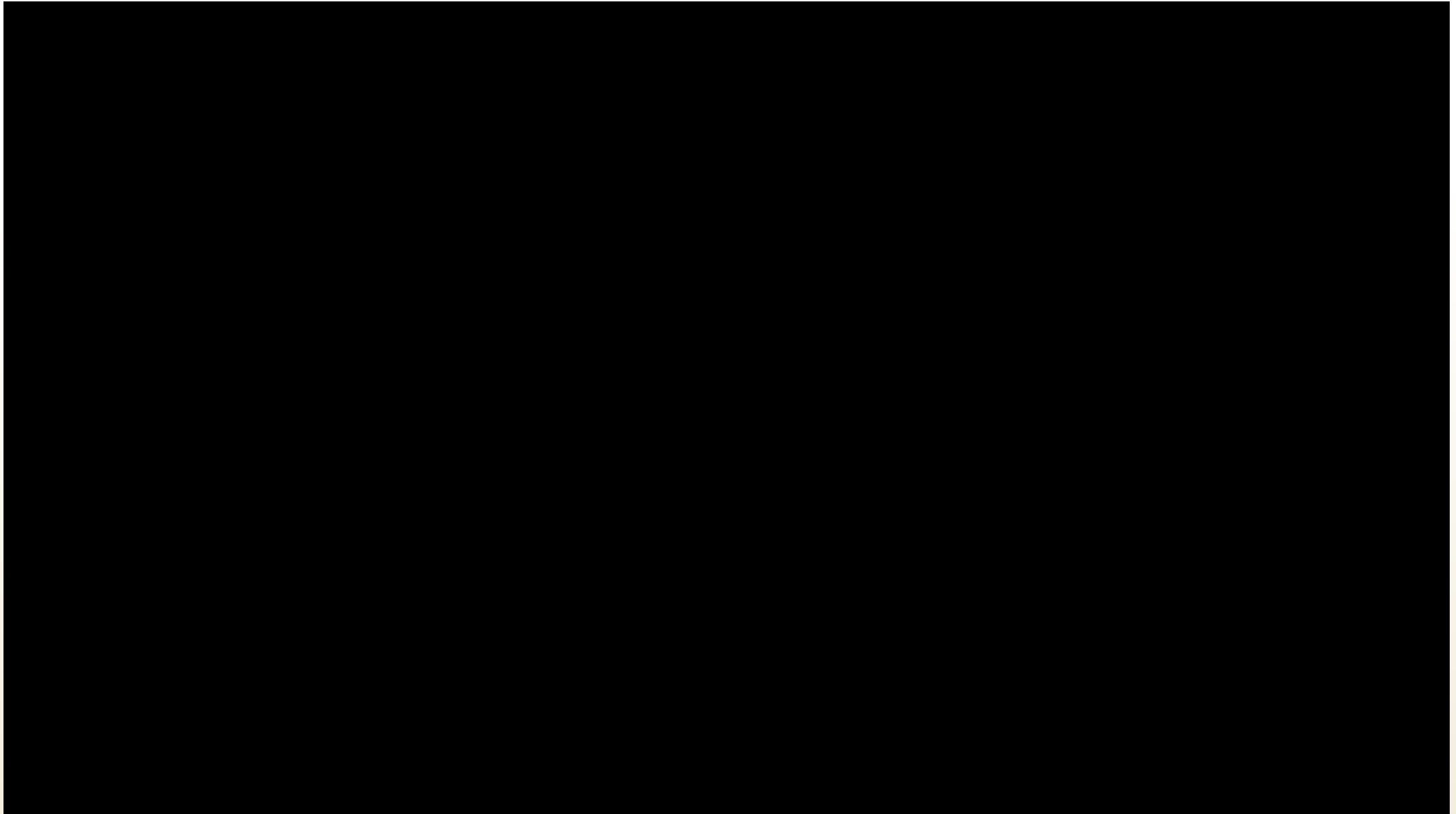


# Objectives

- Overview of FGRBI
  - Foundations of FGRBI model
  - Application of FGRBI in child & family routines
  - SS-OO-PP-RR framework for early interventionists
  - Family 5Q for family engagement
- Gather feedback about readiness for implementation



# A Home Visit with Evelyn's Family





# What is FGRBI?

- An EI approach for Part C
- Flexible for service delivery
  - Home-based
  - Childcare and classroom
  - Tele-intervention
- Triadic model for coaching
- Interdisciplinary
- Integrates with various curriculum approaches

# Core Principles of EI in FGRBI

Family  
practices for  
embedded  
learning

Learning in  
natural  
environments

Strengths  
and child  
interests  
focused

Systematic  
instruction



# What does the research say about FGRBI?



1990 - FGRBI and ABI was coined & evolved with a “how to guide” in 1992



2004 - First FGRBI coaching study was published



Since then, 20+ additional studies conducted & reported



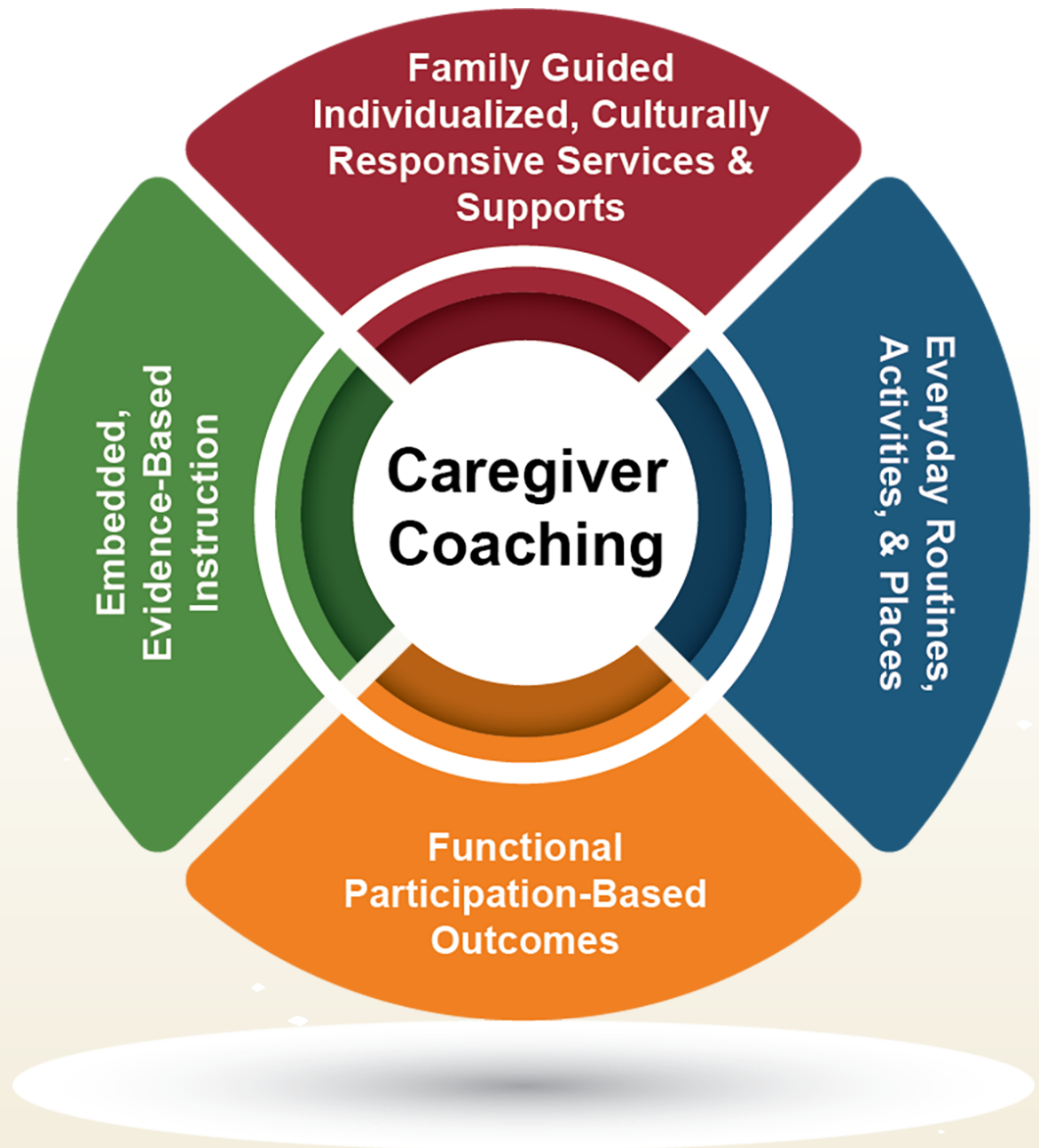
For additional research information:  
<http://fgrbi.com/research>



# Cross Disciplinary Practices

<http://www.dec-sped.org/recommendedpractices>

# Foundations of Family Guided Routines Based Intervention



# Family Guided Individualized, Culturally Responsive Services & Supports

<http://www.dec-sped.org/recommendedpractices>



# Family Guided Practices

## Family Centered Practice

- Responsive to each family's circumstances
- Unbiased information to make informed decisions

## Family Capacity Building

- Participatory opportunities & experiences
- Enhances parenting self-efficacy

## Family & Professional Collaboration

- Builds relationships between families & professionals
- Promotes family competency & supports child development

# Everyday Routines, Activities, & Places



# Value of Routines for Families

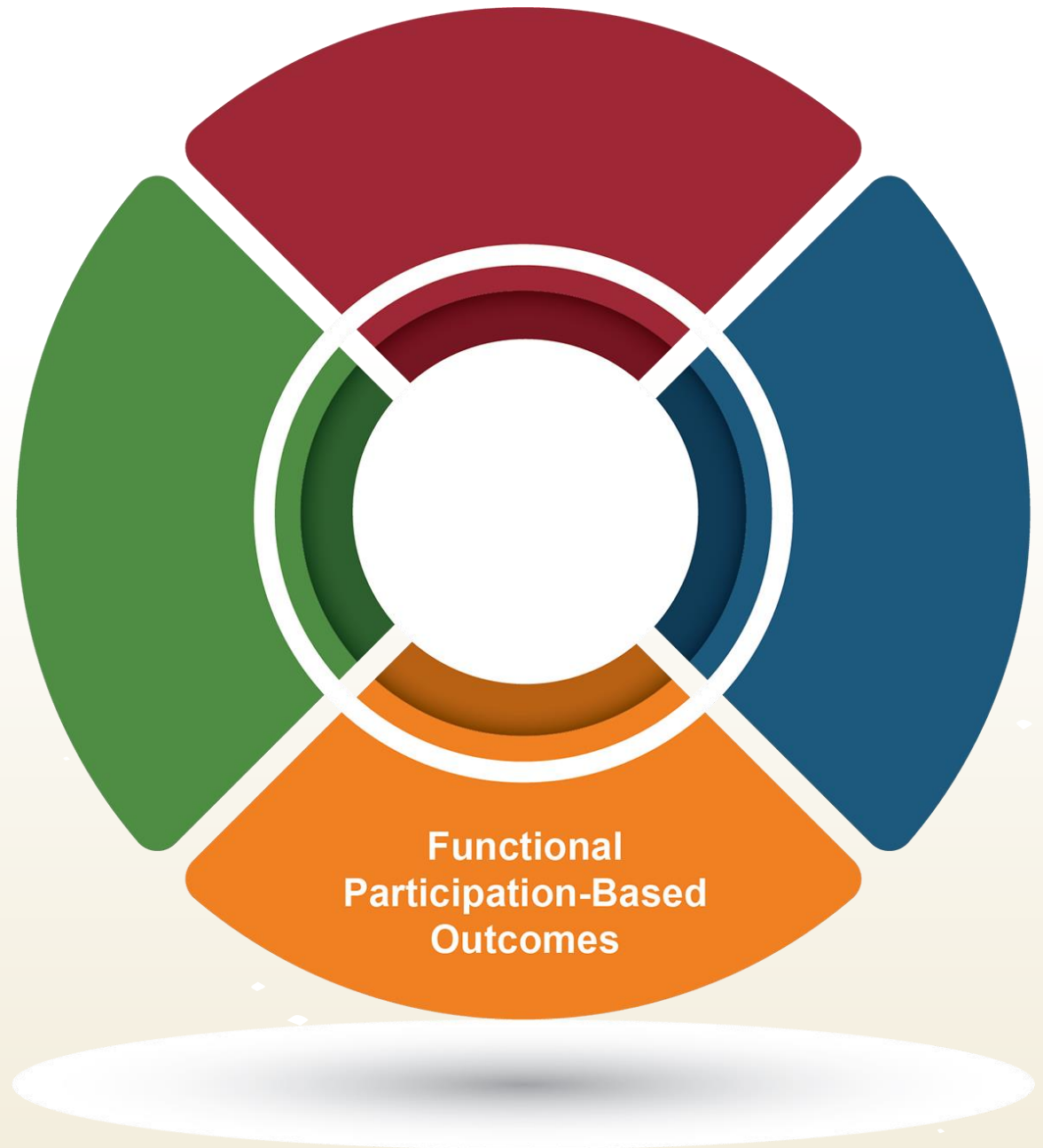
- Act as a framework supporting “new” learning
  - predictable
  - repetitious
  - functional
  - logical
  - adaptable to individual variation





# Everyday Routines and Activities

# Functional Participation-Based Outcomes



# Functional Outcomes and Goals

- Prioritize meaningful child and family participation
- Explore interests, opportunities and expectations



# Embedded, Evidence-Based Instruction

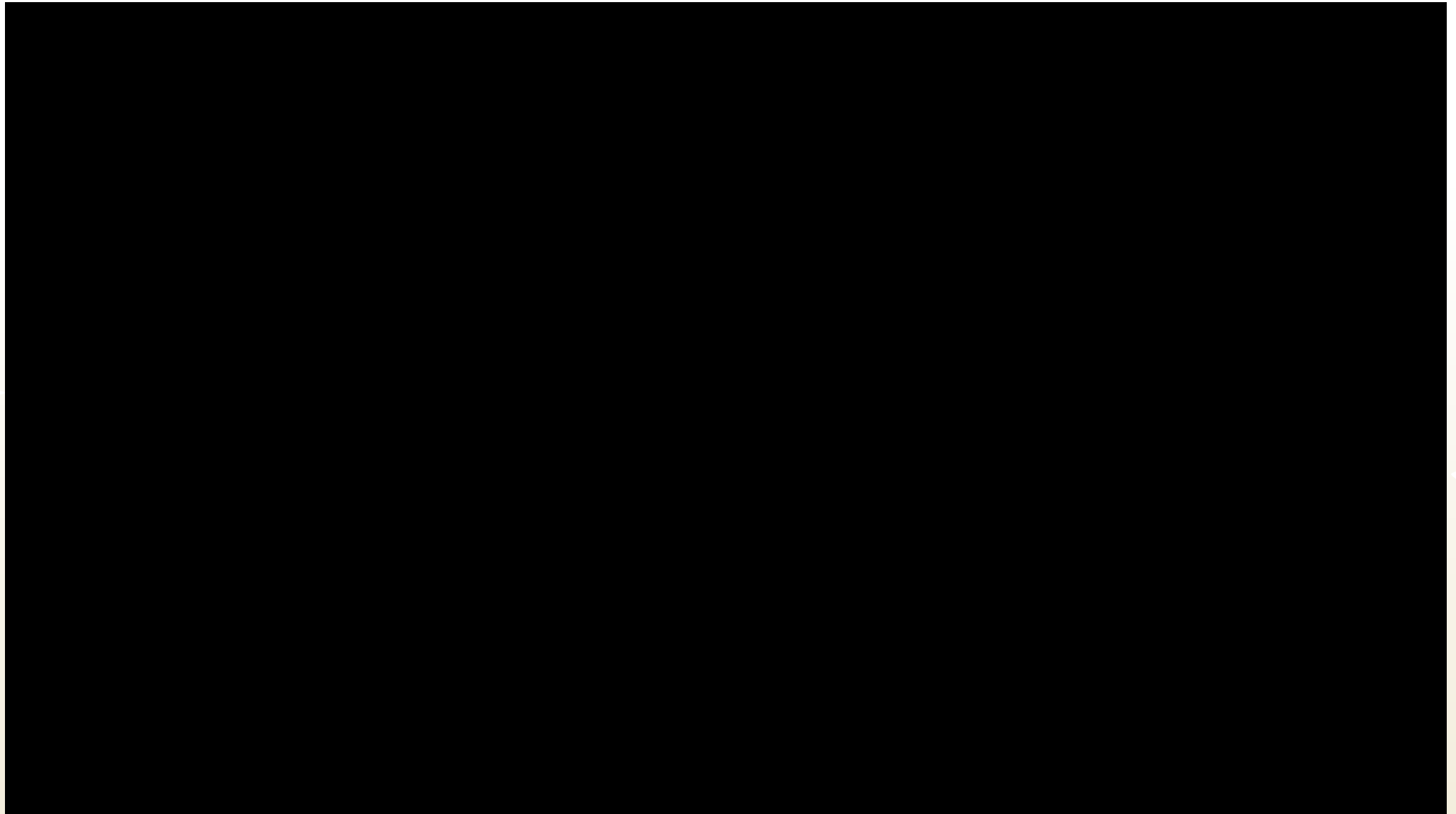




# Brian's Natural Learning Opportunities



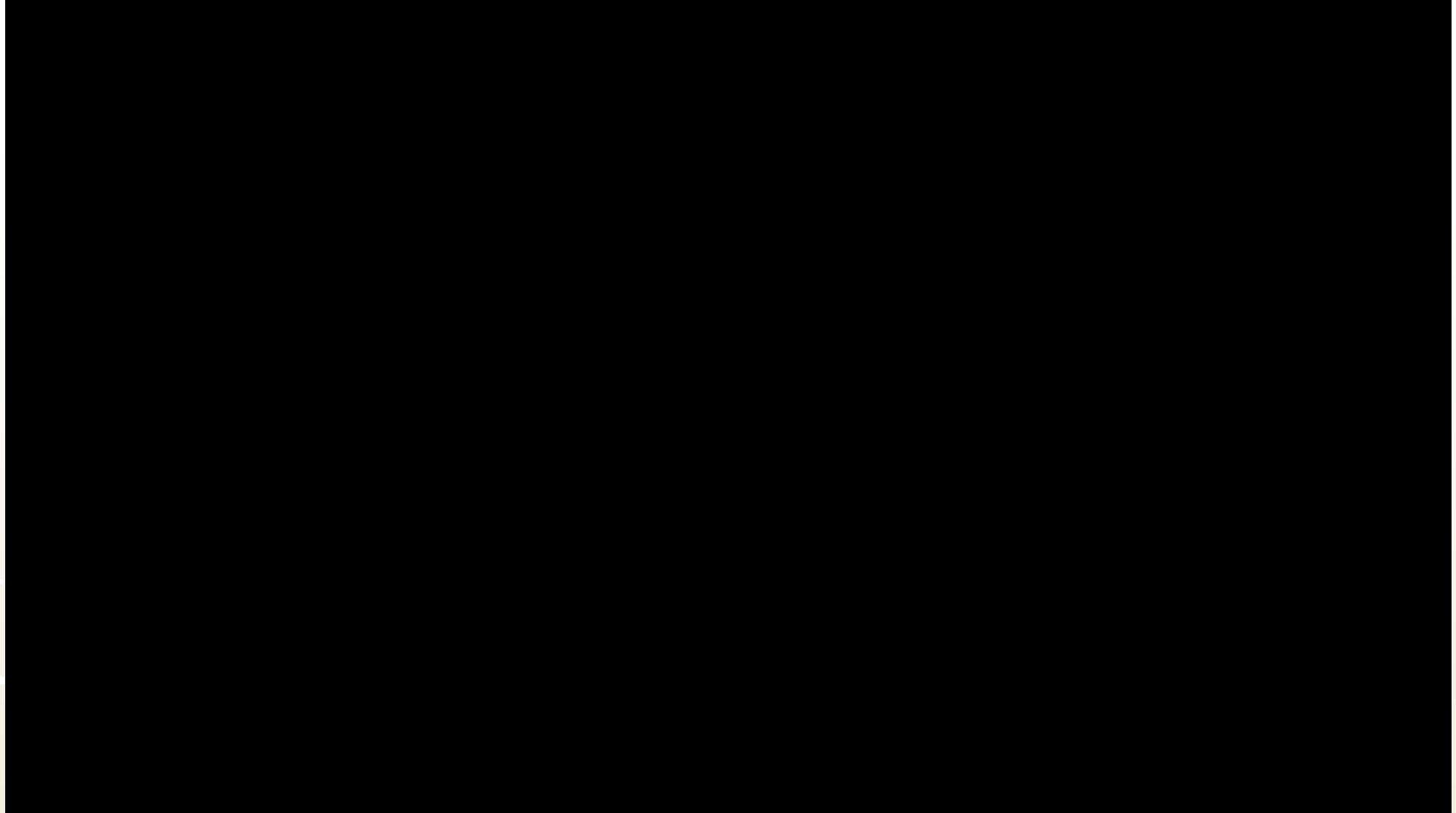
# A Parent Talks About EI



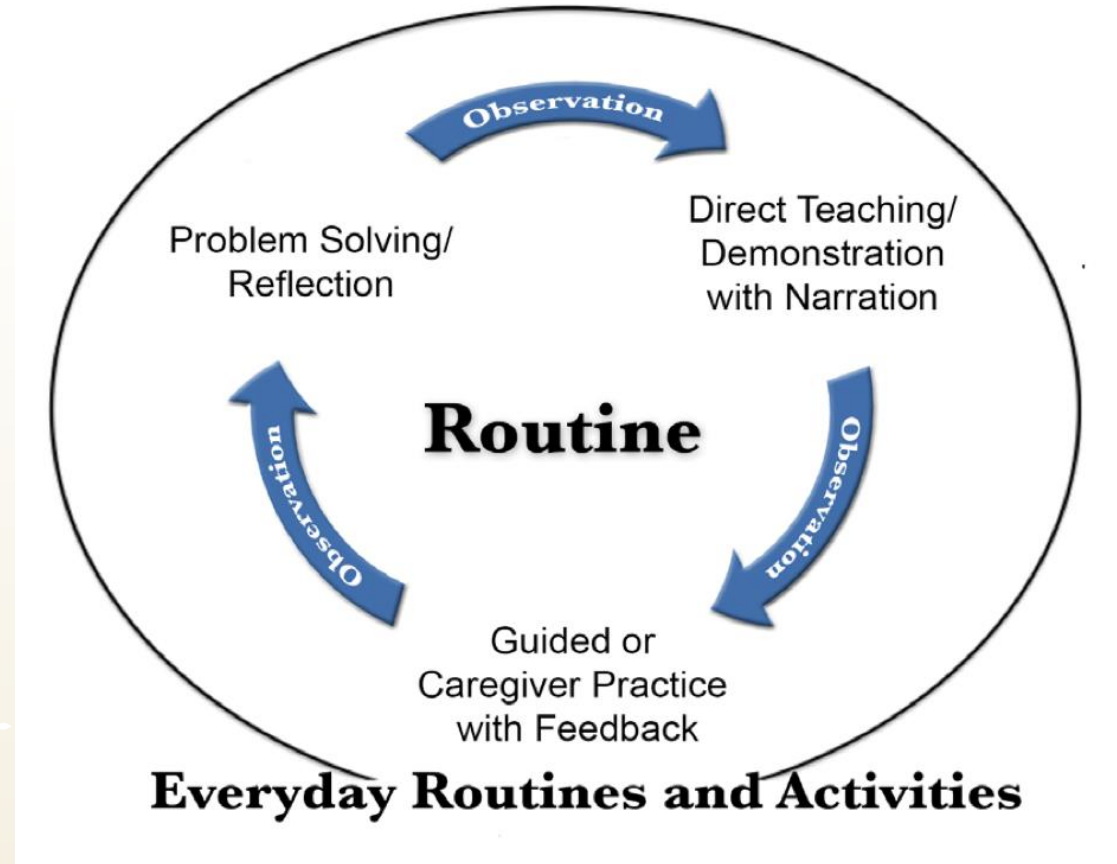
# Caregiver Coaching



# An Early Interventionist Reflects on Making the Shift to the Coaching Model



# Teaching-Learning Cycle



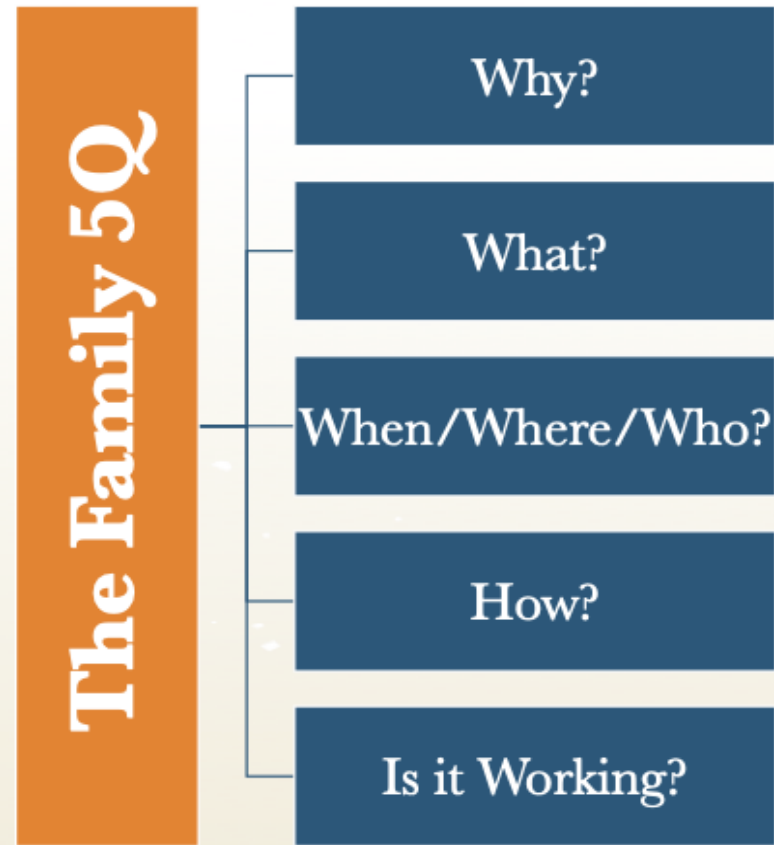
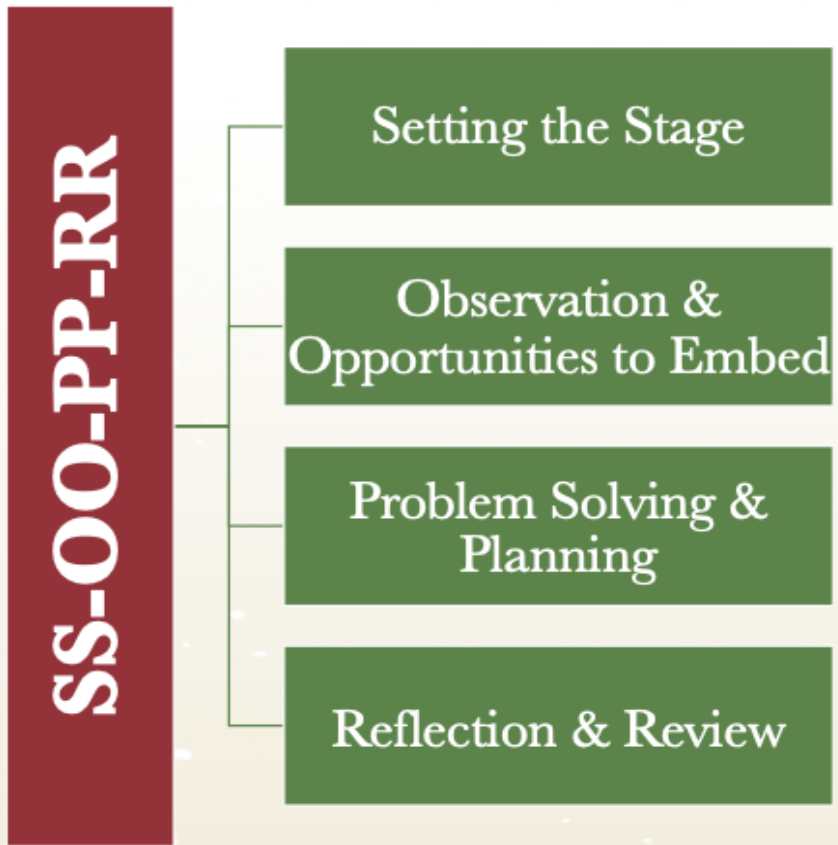
**Caregiver, Child & EI Triadic Interactions**



# Coaching Styles

- General Coaching
  - Information Sharing
  - Observation
- Specific Coaching
  - Direct Teaching
  - Demonstration with Narration
  - Guided Practice
  - Feedback
  - Problem Solving
  - Reflection
  - Review

# Frameworks



# A Quick View of SS-OO-PP-RR



## SETTING THE STAGE

- Gather updates
- 
- Share information
- 
- Review family priorities
- 
- Develop a session plan



## OBSERVATION & OPPORTUNITIES

- Observe caregiver-child interaction in routines
- 
- Use coaching strategies matched to caregiver-child outcomes
- 
- Provide general & specific feedback



## PROBLEM SOLVING & PLANNING

- Problem solve and reflect on intervention strategies
- 
- Expand opportunities and contexts to practice



## REFLECTION & REVIEW

- Review session, summarize & synthesize
- 
- Promote caregiver's reflection on what and how its working
- 
- Develop plan for next steps

# The Family 5Q

What is the Family 5Q?

Why use the Family 5Q?

When to use the Family 5Q?

How to use the Family 5Q?

# Embedding Intervention Strategies: 5Qs



## **WHY?**

Is the target, strategy or routine important to support the child's learning?



## **WHAT?**

Are the child and family's target(s)-specific, right size and important for the relevant content?



## **WHEN?/ WHERE?/ WHO?**

Which routines, activities, places, times and people will support the child?



## **HOW?**

Will the strategies the caregiver uses with the child support learning and participation?



## **IS IT WORKING?**

How will family gauge whether the plan is working and the child is learning?



From this

To this



[www.fgrbi.com](http://www.fgrbi.com)



Family Guided Routines Based Intervention

Home

What is FGRBI? ▾

FGRBI for Families ▾

FGRBI for Providers ▾

Mobile Coaching

About Us ▾

CEC-RAP



<https://www.iidc.indiana.edu/ecc/resources/fgrbi/index>



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## Early Childhood Center

WHO WE ARE

HOW WE HELP

OUR WORK

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### FGRBI

## Family Guided Routines Based Intervention (FGRBI)

Families digest information in different ways, so below are some resources to help you talk with families about this way of providing services.

### Provider - Talking to Families About FGRBI

Communicating with families about Family Guided Routines Based Intervention (FGRBI) is important. Start with these talking points.



### Service Coordinator / Eligibility / Determination Team - Talking to Families About FGRBI

Communicating with families about Family Guided Routines Based Intervention (FGRBI) is important. Start with these talking points.



# FGRBI Training Courses Available on LMS



- Getting Into Family Routines
- Embedding Intervention
- Strategies for Embedding Intervention in Everyday Routines and Tele-Intervention
- Expanding Your Use of Coaching Strategies with Caregivers

# Credential Link:

<https://go.iu.edu/3V1d>



# Contact Info:

Nancy Simmons [nasimmon@iu.edu](mailto:nasimmon@iu.edu)

Katherine Hargreaves [khargre@iu.edu](mailto:khargre@iu.edu)

Kayla O'Neill [oneillkj@iu.edu](mailto:oneillkj@iu.edu)



INDIANA INSTITUTE ON DISABILITY AND COMMUNITY  
EARLY CHILDHOOD CENTER



## Section Discussion

*Molly Cleek, Noble*

*Kim Amberger-Fledderman, Developmental Services, Inc.*

*Jennifer Owens, RBR Alliance, Inc.*

*Katy Stafford Cunningham, INARF*

Your participation in the brief 2-minute survey is requested.





**INARF PAC**



2022 PAC Contributors are invited to the August 26  
INARF PAC Legislative Reception.

Your contributions to the INARF PAC are a critical part of INARF's legislative advocacy efforts. They are used to support elected officials who serve as champions of the provider community. Please consider supporting the INARF PAC today.

For more information and to contribute, scan the QR code or visit: [www.INARF.org/INARF-PAC](http://www.INARF.org/INARF-PAC)

*Alicia M. Boyd, CPA*  
Professional Corporation



CPAs / ADVISORS



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Thank you!

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